

Information Booklet - first draft
XII FINA World Masters Championships 2008

Title Page

XII FINA World Masters Championships 2008
Challenge Stadium
Perth, Western Australia

Swimming
Diving
Waterpolo
Synchronised swimming
Open water swimming

www.2008finamasters.org

Contents page

Letters of support
FINA Organisation
Event Introduction
Venue
Flights and accommodation
Passports and Visas
General Information
Swimming Standards
Pool Characteristics
Fact Files
Entry Forms
Social Programme and Events

Letters of Support

- Premier of Western Australia
- FINA President
- Chairman Organising Committee
- Others to be decided

FINA Organisation

FINA BUREAU

President Mustapha Larfaoui - Algeria

Honorary Secretary Bartolo Consolo - Italy

Honorary Treasurer Dr. Julio Maglione - Uruguay

Vice Presidents

Hironoshin Furuhashi - Japan
Nory Kruchten - Luxembourg
Bill Matson – New Zealand
Dale E. Neuburger - USA
Sam Ramsamy – South Africa

Members

Husain Al Musalam - Kuwait
Gennady Aleshin - Russia
Lynne Bates - Australia
Rafael Blanco - Spain
Sven Egil Folvik - Norway
Eldon C. Godfrey C.A.- Canada
Francis Luyce - France
Guillermo Martinez - Cuba
Orban Mendoza – Puerto Rico
Coaracy Nunes Filho -Brazil
Pipat Paniangvait - Thailand
Abd El Rahman Amin - Cairo
Chief Olatokunbo Thomas - Nigeria
Qiuping Zhang - China

Honorary Members

Gunnar Werner - Sweden
Sebastian Salinas Abril - Peru

Honorary Life President

LIC. Javier Ostos Mora - Mexico

FINA Executive Director

Cornel Marculescu

FINA Masters Committee

Chairman

Lyall Mortimer - New Zealand

Vice Chairman

Virendra Nanavati India

Honorary Secretary

Edward Evely Canada

Members

Mohamed Salah Redouane Algeria
Nancy Ridout USA
Ivan Wingate Australia
Tarja Liljestrom Finland
Andrea Prayer Italy
Grunde Vegard Norway
Lourdes de Goncalvez Venezuela
Rose Cody Puerto Rico
Frantisek Stochl Czecheslovakia

Bureau Liaison

Bill Matson New Zealand

XII FINA World Masters Championships 2008 Organising Committee

Denis McInerney Acting Chairman- member of the Board of the WA Sport Centre Trust
Tom Hoad Sport International – Executive Officer

Graham Moss Chief Executive Officer WA Sport Centre Trust
Michael Culter Minister of Sport and Recreation
Lynne Malone AUSSI Masters Swimming
David Corney – Chair of Swimming Committee
Phil Scales WA Water Polo Association
Robyn Arlow WA Diving Association
Mary Andreotti Synchronised Swimming Association Inc
Rob Verboon Centre Manager Challenge Stadium
Alan Melchert - Tourism WA
Ivan Wingate – Ex Officio

Introduction

In April 2008, one of the world's most exciting new tourism destinations will host the XII FINA World Masters Championships.

Challenge Stadium, in Perth, Western Australia has already been home to two FINA world championships and many world records. Australian Olympic swimmers regularly train there. Now Challenge Stadium will host the best ever FINA World Masters Championship.

*Perth boasts more sunny days per year than
any other Australian capital city*

The event includes the full range of FINA Masters aquatic disciplines

Swimming

Diving

Waterpolo

Synchronised swimming

Open water swimming

For competitors and spectators, sun, adventure, an awesome natural environment and friendly people is what you'll find in Perth.

Nowhere else in the world can you experience and interact with such unique natural attractions.

Western Australia is famous for its long days of sunshine, cloudless blue skies and brilliant beaches.

Perth City offers an easy-going lifestyle – the beautiful Swan River and inner-city parks such as Kings Park add to the relaxed, natural feel. The population of 1.3 million means the city also offers a huge range of shopping, dining and nightlife options and a vast array of accommodation, tour choices, golf courses, wineries and many other activities.

There is much to see and do in this part of the State, from swimming in crystal clear ocean waters to enjoying a sunny afternoon sipping a cold beer at an open-air pub.

The sheer size of Western Australia beckons visitors back time and again to explore the huge number and range of tour possibilities that extend well outside Perth.

Dive with the world's largest fish - the whale shark, snorkel with manta rays, swim with wild dolphins, walk amongst the tree tops of ancient trees, sleep under a canopy of stars in the desert, or explore the beehive-like formations of the Bungle Bungles with the help of an Aboriginal guide.

One of the most famous locations, Margaret River in the state's south west, is home to some of the world's most memorable surfing and internationally renowned wines.

Heading north offers awesome marine life, endless white sand beaches and warm, turquoise waters of the Indian Ocean.

Perth, Western Australia is a truly exciting, vast and amazing destination that visitors will remember for a very long time.

A World Championship venue for all to enjoy

Challenge Stadium is the world's only aquatic competition venue to have hosted two FINA World Championships. Along with first class pools, officials and facilities, the venue will provide a vast array of entertainment, shopping, eating and social options for visitors, competitors and their partners.

Consisting of one 50 metre 8 lane indoor swimming pool, an indoor diving and water polo pool, two 50 metre outdoor swimming pools and an outdoor water polo pool, this Aquatic Centre can certainly be considered one of the best aquatic facilities in the southern hemisphere.

Located 10 minutes from the centre of the city, Challenge Stadium was the host venue for the sixth and eighth FINA World Championships in 1991 and 1998 and continues to serve the general public, local schools and community groups, elite swimming, diving and water polo squads and a variety of aquatic events.

All 26 lap swimming lanes are protected by "wash proof" lane ropes which allow swimmers in all lanes to swim in "quiet" water.

Challenge Stadium pools are heated using geothermal energy. This allows the pools to be heated to 26.5 degrees celsius all year round using environmentally friendly energy sourced from some 700 metres underground.

Since opening its doors in 1986, over 10 million patrons have utilised the world class facilities of Challenge Stadium for a wide variety of sporting, recreational and commercial activities. The centre has played host to numerous outstanding national and international sporting events with great facilities for competing, eating, drinking and watching.

Today, Challenge Stadium is firmly established as one of Australia's leading multi-purpose venues. Each year over 1,000,000 people visit the venue for a variety of events, activities and training purposes. The headquarters of the WA Institute of Sport is located at Challenge Stadium, which enables future Olympic swimmers to train in world class facilities.

A wide variety of ancillary facilities are available, including a dedicated gymnasium and circuit room, on-site physiotherapy and a sports medicine service provider, large purpose built Arenas seating up to 4220 for entertainment and social events at the stadium.

Where is Western Australia?

Western Australia is situated in the southern hemisphere, and dominates the western portion of the Australian continent - occupying approximately one-third of the country's total landmass.

Covering an area of 2.5 million square kilometres, the state's size is roughly equivalent to continental Europe.

Spanning the entire region between longitude 113 degrees to 129 degrees, and latitude 14 degrees to 35 degrees, the state is bound by 12,500 kilometres of coastline. To the west are the warm waters of the Indian Ocean, with the Timor Sea in the north and the Southern Ocean in the south.

To the east, the state is bordered by the arid outback country and famous goldfields of the Northern Territory and South Australia.

History

Western Australia is one of the oldest lands on Earth, and boasts an Aboriginal history that dates back more than 40,000 years.

Australian Aboriginals were the original inhabitants of Australia. They lived a nomadic existence, moving within fairly well-defined geographic regions, as they followed the seasons and food sources.

Indigenous Australians survived in harsh climatic and environmental conditions which ranged from cold temperate to hot tropical, coping with arid conditions and torrential rains. They have dwelt for many thousands of years in ways that sustained their societies while conserving resources, protecting fragile soils and leaving a light footprint on the environment.

European explorers came much later, and while it is widely believed that Portuguese sailors plied the waters off Western Australia as early as the 1500s, the first recorded European visitors were the Dutch in the 1600s.

European settlement didn't officially take place in Western Australia until 1826, when the southern port of Albany was settled as a military outpost. However, the colonial headquarters was moved to the current capital of Perth.

Western Australia's history is unusual, in that it was one of the few Australian states that wasn't settled as a penal colony - and this is reflected in the free and spirited nature of its people.

Flights and accommodation

The State's capital, Perth, is Australia's western gateway. It is accessible to most Asian gateway cities by air, making Western Australia an ideal destination from anywhere.

Perth is well serviced by international airlines, some of which operate multiple daily services and more than 1 000 000 international passengers came through Perth Airport in the last year.

As Western Australia's major international gateway, Perth is around 17 flying hours from London and Los Angeles, 15 hours from Frankfurt, 10 hours from Dubai and South Africa, 7 hours from Hong Kong and approximately 5 hours from Singapore and Kuala Lumpur.

Perth boasts a huge range of accommodation from 5 star hotels, to backpackers, apartments, holiday parks and bed and breakfasts.

The organisers of this event have renegotiated with official event suppliers for event airfares, accommodation, tours and hire cars.

Airport transfers and transport to and from the events will be provided free of charge to all competitors, attendees and partners who book their accommodation and airfares through the official suppliers for the event.

It is important that you identify yourself as a Masters competitor or attendee to ensure you get the rates negotiated for this event.

To arrange your accommodation and airfares go to the official website www.2008finamasters.org

Or for competitor accommodation, tours and hire cars go directly to www.discoverwest.com.au and for airfares go to

1. Western Europe go to www.xxx.com.au or ring xxx xxxx
2. Eastern Europe go to www.xxx.com.au or ring xxx xxxx
3. Asia (except Japan) go to www.xxx.com.au or ring xxx xxxx
4. Japan go to www.xxx.com.au or ring xxx xxxx
5. North America and Canada go to www.xxx.com.au or ring xxx xxxx
6. Africa, South America and New Zealand go to www.xxx.com.au or ring xxx xxxx

Passports

Passports are required for all visitors to Australia

Visas

To visit Australia, you will need to apply for either a visa or an ETA (Electronic Travel Authority). An ETA will let you spend up to three months in Australia. New Zealand passport holders do not require a VISA.

The Australian Government has now made it possible to arrange an ETA via the Internet by going to <http://www.eta.immi.gov.au/index.html>

You are only eligible to apply for an ETA while you are outside of Australia. To apply through this site, you must also hold one of the listed ETA-eligible passports. If you do not meet these criteria, then you should contact your nearest

Australian visa office for further options. Contact details can be found in <http://www.immi.gov.au/contacts/overseas/index.htm>

Travellers holding the following passports may now apply for an ETA through the website:

Andorra
Austria
Belgium
Brunei
Canada
Denmark
Finland
France
Germany
Greece
Hong Kong SAR
Iceland
Ireland
Italy
Japan
Liechtenstein
Luxembourg
Malaysia
Malta
Monaco
Netherlands
Norway
Portugal
San Marino
Singapore
South Korea
Spain
Sweden
Switzerland
United Kingdom
United States Of America
Vatican City

Holders of UK British National (Overseas) (GBN) passports are not eligible to apply for ETAs through this site.

An ETA is equivalent to a visa, but there is no stamp or label in your passport and there is no need for you to visit an Australian diplomatic office to submit an application. Applications for ETAs can be submitted through travel agents or airlines.

You can submit applications directly through the website and, in most cases, Australia will be able to approve your ETA in less than 30 seconds. You can also check your ETA status, if you applied through the website.

The ETA is issued electronically by a computer system operated for the Department of Immigration and Multicultural Affairs (DIMA) of Australia.

When an application for an ETA is submitted through this site, all you need to do is enter the details from your passport and your credit card information. The application is processed immediately. Approved applications are electronically recorded on Australian Government systems.

When you arrive at an airport for check-in on a flight to Australia, the airline check-in staff can electronically confirm that you have authority to board the flight to Australia.

All applications processed through this site are subject to a Service Charge of AUS\$20.00.

What are the conditions?

Visitor ETA conditions

Valid for visits to Australia for tourism or to visit friends or relatives

Valid for multiple visits within 12 months from date of issue

Maximum length of each visit is three months

You must not work while in Australia

Important: You may not be permitted to enter Australia unless you are in good health and have no criminal convictions.

For more information on Visas go to <http://www.immi.gov.au/> or talk to your travel agent.

Weather

Western Australia has one of the most diverse climates in Australia which means equally diverse holiday experiences.

There are also two distinct seasonal variations from the tropical north to the temperate south. In the southern half of the state (where the Championships will be held) we observe four seasons – summer, autumn, winter and spring, while in the north there are just two - the ‘wet’ and the ‘dry’.

The southern coastal areas of the South West region average a maximum of around 32 degrees in summer, and 14 degrees in the winter.

As the event is in April, attendees can expect average temperatures of around 25 degrees.

Perth boasts more sunny days per year than any other Australian capital city so sunshine is usually the standard order.

The warm sun and temperate climate has helped Western Australia cement its reputation as a world-renowned food and wine region, and is also conducive to the State’s outdoor lifestyle.

Northern tropics

The northern winter, or ‘dry’ season (April-September), has long days of sunshine and blue skies. Temperatures range from 24 degrees Celsius overnight to around 34 degrees Celsius during the day, and could be called ‘perfect weather’.

Coastal temperatures vary little throughout the day, while the interior may top 40 degrees by day and dramatically drop towards zero in the cool of the night.

The northern summer, or ‘wet’ season (October-March), has temperatures in the mid to high 30s and high humidity. Many visitors love the balmy combination of heat, humidity and long days of sunshine.

Time Zone of Western Australia

Western Standard Time (AWST – GMT + 8:00) in Western Australia Central Standard Time

Medical and Emergency Services

Perth is well serviced by hospital and ambulance services. There will be trained medical staff at the event venue at all times. Away from the venue please ring 000 for an ambulance if there is a life threatening medical emergency. Your accommodation provider will be able to let you know of other medical services such as general practitioners, dentists and physiotherapists.

Currency and Tipping

Australia has a decimal currency system.

Notes come in denominations of \$5, \$10, \$20, \$50 and \$100.

Coin denominations are 5 cent, 10 cent, 20 cent, 50 cent, as well as \$1 and \$2.

Prices under 5 cents are rounded up or down to the nearest 5 cent - that is, 3 and 4 cent totals are rounded up to nearest 5 cent, while 1 and 2 cent totals are rounded down to nearest 5 cent denomination.

For example – 12 cents would be rounded down to 10 cents. 14 cents would be rounded up to 15 cents.

Tipping

Tipping is generally not expected within Australia, however it is acceptable to leave a small amount should you feel you have received exceptional service.

Banking

Hours vary but many banks are open from 9.30am - 4.00pm Monday to Thursday, and 9.30am to 5.00pm on Fridays.

Automatic Teller Machines are plentiful and readily available 24 hours a day, 7 days a week and most international travellers should be able to access funds through the range of international networks. Challenge Stadium also has ATM access

Credit Cards

Credit cards are widely accepted throughout Australia. The most common include VISA, MasterCard and American Express.

Travellers Cheques

Travellers cheques can be changed at some banks and many other retail establishments. They should be in AUS Dollars.

What to wear

Western Australia's has a relaxed easy going lifestyle and warm climate. Because of this we have a very casual approach to clothes and neat casual attire is more than enough to get you into most restaurants, pubs and clubs.

Many visitors from colder climates may find that they don't need warm clothing when they are outside day or night. However, weather can be unpredictable and it always pays to pack some warm clothing just in case. April is autumn in Perth.

Transport

Airport transfers and transport to and from the events will be provided free of charge to all competitors, attendees and partners who book their accommodation and airfares through the official suppliers for the event.

It is important that you identify yourself as a Master's competitor or attendee to ensure you get the rates negotiated for this event.

To arrange your accommodation and airfares go to the official website www.2008finamasters.org

Or for competitor accommodation go to www.discoverwest.com.au and for airfares go to

7. Western Europe go to www.xxx.com.au or ring xxx xxxx
8. Eastern Europe go to www.xxx.com.au or ring xxx xxxx
9. Asia (except Japan) go to www.xxx.com.au or ring xxx xxxx
10. Japan go to www.xxx.com.au or ring xxx xxxx
11. North America and Canada go to www.xxx.com.au or ring xxx xxxx
12. Africa, South America and New Zealand go to www.xxx.com.au or ring xxx xxxx

Throughout Perth, buses, trains and taxis operate every day. Taxi services are 24 hours. You should see your accommodation supplier for information on other public transport.

Hire cars are widely available in Western Australia and there is ample free parking at Challenge Stadium.

For the best rates on hire cars please go to discoverwest.com.au and ensure you let them know you are associated with the event.

Driving

Reciprocal driving rights exist between Australia and many countries and you should check with your rental car provider on whether you qualify to drive in Australia.

Driving is a great way to get around Perth and except for the morning and evening rush hours, rarely suffers from major traffic congestion across any of its roads and highways.

Western Australia observes the same driving laws and regulations as the rest of Australia.

Vehicles travel on the left hand side of the road and the wearing of seat belts is compulsory for all passengers.

Speed limits vary across the State; however the maximum limit is 110 kilometres per hour.

Major metropolitan arterial roads are generally capped at 60 kilometres per hour while suburban streets are almost exclusively limited to 50 kilometres per hour.

School zones are clearly marked and restricted to 40 kilometres per hour for two hour periods at the beginning and end of the school day.

The Western Australia Police Service employs radar and other speed monitoring devices, and fines are enforceable – even for visitors.

Western Australia has severe penalties for anyone caught driving under the influence of alcohol or other drug stimulants.

Drivers must maintain a blood/alcohol level below 0.05 per cent, in order to drive within the legal limit.

Electricity

Electricity throughout Australia is supplied at 240 volts 10 Amps. Adapters may be needed for appliances from some countries.

Water

All Australian cities and towns have excellent public water supplies; tap water is fresh and safe to drink.

Shopping

Visitors to Perth have a great number of shopping options available to them including Perth City which is open 7 days a week and offers a huge range of clothing and department style stores including Myer, David Jones and Target and hundreds of clothing, footwear and souvenir shops.

Many supermarkets, delicatessens and service stations are open seven days a week. Due to the many cultures who live in Australia, there is a great variety of international food available for all tastes.

Harbour Town

Is less 1km from the city centre and offers more than 100 outlet Stores, off-price and clearance stores stocking end of season, clearance lines, sample ranges and seconds as well as stock designed and manufactured specifically for outlet shopping. VIP treatment is extended to all interstate and international tourists visiting Harbour Town's Tourism Lounge which offers air conditioned comfort and refreshments and a Tourism card that entitles the holder to further discounts at participating retail and food stores.

There are a great number of other choices for the shopaholic including the huge centres of The Galleria in the city's north east and Garden City in the city's south both offering 200 shopping choices in one location 10 minutes from the city. Both are easily accessible with public transport.

Opening hours are generally 9.00am to 5.30pm Monday to Saturday (and until 9.00pm Thursday) Perth City is also open 12noon to 5.30pm Sunday.

Duty Free

Travellers are allowed to bring goods into Australia duty free

In general, travellers aged 18 years and over may bring into Australia:

AUS\$900 worth of goods not including tobacco or alcohol (AUS\$450 for travellers under 18 years of age)

2.25L alcoholic beverages (including wine, beer or spirits)

250 cigarettes or 250 grams of cigars or tobacco products other than cigarettes

Members of the same family who are traveling together may combine their individual duty free allowances.

Taxes

Goods and services in Australia are subject to a 10% good and services tax which will be included in the total cost shown on anything you purchase.

Newspapers

Western Australia has one daily state paper called The West Australian from Monday to Saturday and one Sunday paper called the Sunday Times. There are also daily national papers including The Australian and The Financial Review. Many news agencies stock a variety of overseas newspapers.

Television

Perth has 5 free-to-air television channels, Channels 2, 7, 9 and 10 as well as the Special Broadcasting Service (SBS) which offers programmes in many languages including morning news programmes in Japanese, Chinese (Mandarin and Cantonese), Tagalog, Italian, German, Spanish, Indonesian, French, Russian, Greek and Arabic.

There are a variety of pay TV channels, and many accommodation providers offer these.

Postal services

Australia Post Offices can be found throughout Perth and are generally open from 9am-5pm Monday to Friday. Some have Saturday opening hours.

Internet Access

Access can be found at most major hotels. Some local internet cafes have wireless access.

Schedule of Events

Date	Swimming	Open Water	Diving	Synchronised swimming	Water Polo
Tues 15 April	Training				Training
Wed 16 April	Training				Training
Thur 17 April	Training Opening ceremony				Prelims
Fri 18 April	800 Freestyle W 800 Freestyle M		Training	Training	Prelims
Sat 19 April	200 Backstroke W 200 Backstroke M 100 Freestyle W 100 Freestyle M 100 Breast W 100 Breast M		Training	Training	Prelims
Sun 20 April	400 Ind Medley W 400 Ind Medley M 200 Freestyle W 200 Freestyle M 50 Fly W 50 Fly M		1m and 3m Springboard	Free combination	Prelims
Mon 21 April	50 Freestyle W 50 Freestyle M 200 Ind Medley W		1m and 3m Springboard	Technical routines	Prelims

	200 Ind Medley M 100 Fly W 100 Fly M 50 Breast W 50 Breast M				
Tues 22 April	200 Mixed Medley 200 Mixed Free Relay 200 Free Relay W 200 Free Relay M 200 Medley Relay W 200 Medley Relay M		1m and 3m Springboard	Technical routines	Prelims
Wed 23 April	200 Breast W 200 Breast M 100 Back W 100 Back M 200 Fly W 200 Fly M		10m platform	Free routines and solos	Prelims
Thurs 24 April	50 Back W 50 Back M 400 Freestyle W 400 Freestyle M		Synchronised	Free routines and duets, trios and teams	Finals and consolidation
Fri 25 April	Closing celebration	3km Swim			

Swimming Standards

Please note that entries without times will not be accepted

Women

Discipline	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 Freestyle	35.50	36.50	38.00	40.00	42.00	44.70	48.00	51.00	55.50	1:00.00	1:05.00	1:15.50	1:37.00	2:00.00
100 Freestyle	1:18.50	1:23.00	1:24.50	1:28.00	1:36.00	1:43.00	1:49.00	1:56.00	2:07.00	2:14.00	2:32.00	3:00.00	3:30.00	4:15.00
200 Freestyle	2:46.00	2:53.00	3:03.00	3:13.00	3:30.00	3:47.00	3:58.00	4:10.00	4:28.00	4:42.00	5:10.00	6:17.00	7:04.00	8:30.00
400 Freestyle	5:52.00	6:05.00	6:20.00	6:40.00	7:15.00	7:45.00	8:10.00	8:45.00	9:30.00	10:15.00	11:25.00	13:10.00	14:40.00	16:50.00
800 Freestyle	12:50.00	13:00.00	13:30.00	14:20.00	15:30.00	16:30.00	17:20.00	18:30.00	19:50.00	21:30.00	24:40.00	26:40.00	29:50.00	36:00.00
50 Backstroke	41.50	43.50	46.00	49.00	52.00	54.50	57.50	1:01.50	1:06.50	1:12.00	1:20.00	1:37.00	2:30.00	3:05.00
100 Backstroke	1:32.00	1:36.00	1:42.00	1:48.00	1:53.50	2:02.00	2:11.00	2:20.00	2:31.00	2:40.00	3:00.00	3:40.00	4:15.00	5:30.00
200 Backstroke	3:15.00	3:18.00	3:30.00	3:45.00	3:56.00	4:15.00	4:30.00	4:43.00	5:14.00	5:34.00	6:05.00	7:12.00	9:08.00	10:15.00
50 Breaststroke	46.00	48.00	50.00	52.00	54.00	58.00	1:01.00	1:04.00	1:11.00	1:17.00	1:30.00	1:50.00	2:25.00	3:15.00
100 Breaststroke	1:43.00	1:45.00	1:49.00	1:55.00	2:02.00	2:08.00	2:17.00	2:26.00	2:40.00	2:55.00	3:30.00	4:30.00	5:25.00	6:40.00
200 Breaststroke	3:38.00	3:42.00	3:50.00	4:02.00	4:12.00	4:25.00	4:40.00	5:00.00	5:25.00	5:50.00	6:35.00	7:50.00	10:00.00	11:50.00
50 Butterfly	38.50	40.00	42.50	45.00	48.00	50.00	55.00	1:00.00	1:08.00	1:20.00	1:38.00	2:43.00	3:38.00	4:40.00
100 Butterfly	1:28.00	1:31.50	1:37.00	1:44.00	1:53.00	2:07.00	2:17.00	2:32.00	2:53.00	3:25.00	3:55.00	4:55.00	5:50.00	8:30.00
200 Butterfly	3:18.00	3:28.00	3:38.00	3:50.00	4:12.00	4:42.00	4:57.00	5:30.00	5:55.00	7:00.00	8:20.00	9:40.00	11:30.00	15:00.00
200 Individual Medley	3:11.00	3:19.00	3:29.00	3:37.00	3:50.00	4:10.00	4:20.00	4:40.00	5:12.00	5:40.00	6:20.00	7:20.00	8:44.00	10:05.00
400 Individual Medley	6:50.00	7:05.00	7:20.00	7:50.00	8:27.00	9:10.00	9:50.00	10:25.00	11:30.00	13:44.00	15:55.00	17:30.00	19:00.00	23:20.00

Men

Discipline	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 Freestyle	30.50	31.30	32.40	34.00	35.00	36.50	38.50	40.50	43.00	46.00	52.00	1:06.00	1:17.00	1:28.00
100 Freestyle	1:09.00	1:11.00	1:12.70	1:15.00	1:19.00	1:23.00	1:27.00	1:33.00	1:39.50	1:51.00	2:05.00	2:24.00	2:58.00	3:28.00
200 Freestyle	2:31.00	2:34.00	2:36.00	2:41.00	2:46.00	2:56.00	3:11.00	3:25.00	3:40.00	4:00.00	4:28.00	4:46.00	5:33.00	6:40.00
400 Freestyle	5:25.00	5:30.00	5:35.00	5:40.00	5:56.00	6:10.00	6:35.00	7:00.00	7:46.00	8:40.00	9:20.00	10:35.00	11:50.00	13:00.00
800 Freestyle	11:30.00	11:40.00	11:45.00	11:55.00	12:30.00	13:20.00	14:10.00	15:20.00	16:20.00	18:00.00	19:40.00	21:30.00	24:00.00	27:50.00
50 Backstroke	36.50	37.50	39.20	41.00	42.50	44.50	46.50	50.00	53.00	58.00	1:07.00	1:16.00	1:33.00	1:56.00
100 Backstroke	1:18.00	1:21.50	1:27.00	1:30.00	1:35.00	1:39.00	1:47.00	1:58.00	2:07.00	2:17.00	2:35.00	2:50.00	3:46.00	4:30.00
200 Backstroke	2:50.00	2:52.00	2:59.00	3:07.00	3:20.00	3:24.00	3:45.00	4:05.00	4:23.00	4:43.00	5:20.00	6:13.00	8:00.00	9:45.00
50 Breaststroke	39.50	40.50	41.50	42.60	45.00	47.50	49.50	52.00	55.00	1:00.00	1:08.00	1:20.00	1:51.00	2:22.00
100 Breaststroke	1:26.00	1:29.00	1:33.00	1:36.00	1:40.00	1:46.00	1:54.00	2:00.00	2:10.00	2:22.00	2:43.00	3:10.00	4:25.00	5:30.00
200 Breaststroke	3:09.00	3:13.00	3:17.00	3:26.00	3:35.00	3:45.00	4:00.00	4:13.00	4:36.00	4:58.00	5:36.00	6:25.00	8:00.00	9:40.00
50 Butterfly	33.00	33.50	35.00	37.00	38.50	40.00	42.00	46.00	50.00	56.50	1:08.50	1:36.00	2:16.00	2:58.00
100 Butterfly	1:13.00	1:15.50	1:19.00	1:23.00	1:27.00	1:32.00	1:44.00	1:54.00	2:07.00	2:16.00	3:02.00	3:37.00	4:40.00	5:50.00
200 Butterfly	2:55.00	3:00.00	3:05.00	3:13.00	3:21.00	3:40.00	4:00.00	4:17.00	4:50.00	5:20.00	6:10.00	7:07.00	9:05.00	11:10.00
200 Individual Medley	2:48.00	2:52.00	2:58.00	3:08.00	3:19.00	3:25.00	3:35.00	3:55.00	4:15.00	4:37.00	5:18.00	5:47.00	7:38.00	9:20.00
400 Individual Medley	6:20.00	6:25.00	6:30.00	6:40.00	7:00.00	7:30.00	8:00.00	8:40.00	9:35.00	10:28.00	12:55.00	14:00.00	14:50.00	17:50.00

Pool Characteristics

All pools at Challenge Stadium are heated to a constant temperature of 26.5 degree celsius. Pool heating is provided using a geothermal heating system which pumps hot water from an underground aquifer 700m below the surface, passes it through heat exchangers and then returns it to the aquifer.

Indoor 50 Metre 8 Lane Pool

Length: 50 metres

Width: 21 metres

Depth: 2 metres

Movable bulkhead

Air conditioned
2000 permanent seats
2000 temporary seats
Electronic timing and scoreboard

Indoor diving and synchronised swimming Pool

Length: 33 metres
Width: 21 metres
Depth: tapers from 3 metres to 5 metres
Dive Towers:
2 x 1m spring board
2 x 3m spring board
1 x 3m platform
1 x 5m platform
1 x 7.5m platform
1 x 10m platform

Outdoor 50 Metre 8 Lane Pool

Length: 50 metres
Width: 21 metres
Depth: tapers from 2 metres to 3 metres
This pool will be used to warm up and swim down

Outdoor 10 Lane Pool

Length: 50 metres
Width: 25 metres
Depth: 2 metres
2000 seats
Electronic timing and scoreboard
This pool was the main competition pool for the 6th and 8th FINA World Championships

Outdoor Water Polo Pool

Length: 33 metres
Width: 25 metres
Depth: 2 metres
500 temporary seats

Additional water polo pools at the University of Western Australia, Claremont and Bicton will be used for the preliminary rounds of the water polo competition.

Swimming Fact File

Minimum age limit: 25 years

Age determining date: The actual age of the competitor as of 31 December, 2008.

Age groups – Individual events

25-29	50-54	75-79
30-34	55-59	80-84
35-39	60-64	85-89
40-44	65-69	90-94
45-49	70-74	and five year age increments as high as necessary.

Age groups relay events: Based on total age of team members in whole years: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, and forty year increments as high as necessary.

Technical meeting: The swimming technical meeting will be held on Thursday 17th April at 2.00pm at Challenge Stadium. This meeting is for swimmers, coaches, and managers.

Training provisions
To be advised

Competition Dates (see event schedule on page x)

Fri 18- 24 April Inclusive

Warm Up Procedures

Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed except in designated sprint lanes. No diving or backstroke starts will be allowed in the warm-up pool. One or more lanes shall be designated as ONE-WAY SPRINT lanes during the pre-meet warm-up sessions in the competition pool only. No sprint lanes will be designated in the warm-up pool.

ANY SWIMMER WHO ACTS IN AN UNSPORTSMANLIKE OR UNSAFE MANNER WITHIN THE SWIMMING VENUE MAY BE CONSIDERED FOR APPROPRIATE ACTION OR PENALTY BY THE FINA MASTERS COMMISSION.

Pull-buoys, kick boards, fins, and hand paddles are not allowed in the competition pool or warm-up pool.

Entry Restrictions

A swimmer may enter a maximum of five individual events and three relays, but not more than two individual events per day. Swimmers may also enter the open water swim. Time entered for an individual event must not exceed the qualifying time for that event. Entries without times will not be accepted.

Qualifying Standards

See page x

Actual time of event swum, which has exceeded the qualifying standards, will not be shown on the result sheets, but instead will be noted on the result sheets as NT (No Time). In individual events longer than 200M the race officials may order out any competitor not complying with the time standards.

Entry times are to be submitted as long course times.

Competition Notes

All starts will be “over the top.” The one-start rule will apply for all swimming events.

Pre-seeding

All events, with the exception of 400m and 800m freestyle and the 400m individual medley, will be pre-seeded, with the oldest age groups first, and with the slowest heats swum first within each age group. The 400m and 800m freestyle and the 400m individual medley will be deck-seeded from the slowest to the fastest, regardless of age or age group. The 400m and 800m freestyle will be swum one swimmer per lane unless the Organising Committee, with approval of the Management Committee, determines that two swimmers per lane is necessary to control the duration of the event. Heat sheets will be available to competitors at registration.

Relay events

Relay cards indicating the names of the pre-registered swimmers will be given to the team representative on arrival at registration. These competitors must be verified or amended and the relay cards returned to the designated point by xxx, 2008 at xx pm. Changes to team age groups or times will not be accepted after xxx, 2008. All relay team members must be registered with the same swimming club. A swimmer may not swim for more than one team per relay event.

Mixed Relays

“Mixed” means both sexes compete; i.e. two females and two males.

Reporting

It is the responsibility of all swimmers to report to the clerk of the course (marshalling area) at least 15 minutes prior to their designated races.

Medals Individual Events

1st to 10th place in each age group.

Relays

1st to 3rd place in each age group (each member of the team will receive a medal).

Open Water Fact File

Minimum age limit: 25 years

Age determining date: The actual age of the competitor as of 31 December, 2008.

Age groups 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, and five year increments as high as necessary.

Swimmers will be seeded according to age groups from the youngest to oldest. Swimmers may be selected irrespective of gender. The slowest entered swimmers of each age group may be seeded in special heat(s). The competitors will be divided into mixed waves starting with the 25-29 age group. Race organisers, in consultation with the referee and subject to advice from the FINA Technical Open Water Swimming Committee, will designate in advance the cut-off time for each Masters race. All swimmers will be required to wear highly visible coloured numbered swim caps. Wet suits may be worn, but the swimmer then becomes ineligible for trophies or championship honours.

Training provision

Lane space will be available at various satellite pools near the venue and a supervised session on the actual course will be made known at registration.

Technical Meeting

Thursday 24th April at 4:00 pm at Challenge Stadium

Competition Date: Friday 25th April

Length of course

3 kilometres (approximately)

Based on medical advice, the Organising Committee reserves the right to reduce the length of the swim, should adverse weather conditions prevail.

Competition Venue

Either the Swan River or the Indian Ocean. This is still to be determined.

The exact starting point and venue characteristics will be available at Registration.

Time Limits

Swimmers who cannot complete the 3 km distance in 90 minutes (1-1/2 hours) are advised not to enter. Swimmers still on the course after this time may be stopped.

Marshalling Area

All athletes must be in the marshalling area one hour before their allotted wave. A map showing the course will be clearly visible in this area for all the participants. Athletes will be called with a microphone system or megaphone, starting with the first wave.

Safety

Full medical provision and appropriate safety craft will be provided during and at the end of competition.

Changing Area

Competitors must leave their equipment in this area. The Organising Committee will provide a bright coloured cap for each swimmer. Each swimmer is required to wear this cap. Thermal caps may be worn under the brightly coloured cap.

Support Facilities

Shower and changing facilities will be available at the start and at the finish.

Hospitality Drinks will be provided in a catering tent at the start and at the finish.

Medals

1st - 10th place in each age group will be awarded.

Diving Fact File

Minimum age limit: 25 years

Age determining date: The actual age of the competitor as of 31 December, 2008.

Age groups:

Springboard and platform events:

25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 5 year age groups as long as necessary.

Synchronised diving

25-49 and 50+.

Practice provision

Practice opportunities will be available XXX and XXX. Practice opportunities will also be available on competition days. Details of practice times will be given to competitors at registration. All practice time will be open.

Technical Meeting

A technical meeting will be held on XXX, at 10:00 am at XXX

Competition Dates

Mon 21 April

Tues 22 April

Wed 23 April

Thurs 24 April

starting at 9 am every day.

Entry Restrictions: A diver may enter a maximum of FIVE events: the 1-m springboard, the 3-m springboard, the platform, the synchronised 3-m springboard, and the synchronised platform event.

Divers are allowed to compete in only one club team in the 3-m synchronised diving event and in only one club team in the platform synchronised diving event.

Competition Format:

Diving Programme

Total number of dives required

Age group – years	Men 1 M , 3 M	Women 1 M , 3 M	Men Platform	Women Platform
25 -29	7	6	6	6
30 -34	7	6	6	6
35 -39	7	6	6	6
40 -44	7	6	6	6
45 -49	7	6	6	6
50 -54	6	5	5	5

55-59	6	5	5	5
60-64	6	5	5	5
65-69	6	5	5	5
70-74	5	4	4	4
75-79	5	4	4	4
80+	4	3	3	3

Synchronised diving programs:

	Age Group	Men	Women
3-m springboard	25-49	2(*) + 2	2(*) + 2
	50+	2(*) + 2	2(*) + 2
platform	25-49	2(*) + 2	2(*) + 2
	50+	2(*) + 1	2(*) + 1

(*) Degree of difficulty is 2.0 for each dive regardless of the formula for the degree of difficulty of the dive.

DIVING SCHEDULE

Day	Event	Women's age group	Men's age group
20 APR	1M SPRINGBOARD	65-69, 70-74, 75-79, 80+	
	3M SPRINGBOARD		65-69, 70-74, 75-79, 80+
	1M SPRINGBOARD	25-29, 30-34	
	3M SPRINGBOARD		25-29, 30-34
	1M SPRINGBOARD	35-39, 40-44, 45-49	
	3M SPRINGBOARD		35-39, 40-44, 45-49
21 APR	3M SPRINGBOARD	65-69, 70-74, 75-79, 80+	
	1M SPRINGBOARD		65-69, 70-74, 75-79, 80+
	3M SPRINGBOARD		50-54, 55-59, 60-64
	1M SPRINGBOARD	50-54, 55-59, 60-64	
	3M SPRINGBOARD	35-39, 40-44, 45-49	
22 APR	1M SPRINGBOARD		50-54, 55-59, 60-64
	3M SPRINGBOARD	50-54, 55-59, 60-64	
	1M SPRINGBOARD		35-39, 40-44, 45-49
	3M SPRINGBOARD	25-29, 30-34	
	1M SPRINGBOARD		25-29, 30-34
23 APR	PLATFORM	50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+	50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
	PLATFORM	35-39, 40-44, 45-49	35-39, 40-44, 45-49
	PLATFORM	25-29, 30-34	25-29, 30-34
24 APR	SYNCRONISED	25-49, 50+.	25-49, 50+.

Warm Up provision:

Warm up time will normally be provided prior to competition for competitors involved in the ensuing session.

Competition Format

The divers can freely choose the dives from the dive table given in the FINA Handbook.

The only requirement is that in age groups 25–69 years, each dive performed must have a different dive number (according to the FINA Handbook). For age groups 70–80+, dives with the same dive number can be repeated, if performed in a different position (straight, pike, tuck, or free position).

All divers will perform a full series of dives in their age group and there will be no preliminary or final contests. The Organising Committee reserves the right to run events concurrently, depending on the number of entries.

Dive Sheets

An official diving form is included in this entry book for your use. Additional copies will also be available at the accreditation point. Official diving forms must be submitted to the registration point 24 hours prior to the start of the event.

No changes or diving forms will be accepted after the deadline of 3 hours before the start of the event.

Reporting

All divers are responsible for being at the competition site for the start of their designated event.

Medals

1st to 6th place in each age group. If there are fewer than six divers in an age group, only the first three medals shall be awarded.

Synchronised swimming fact file

Minimum Age Limit 20 years

Age determining date: The actual age of the competitor as of 31 December, 2008.

Competition Dates

Sun 20 April	Free combination
Mon 21 April	Technical routines
Tue 22 April	Technical routines
Wed 23 April	Free routines, solos
Thu 24 April	Free routines, duets, trios and teams

MSS 3.7 Entries

MSS 3.7.1 In Masters world championships, a club may enter up to five(5) technical and free routines in each age group in each event, and one (1) free combination in each age group.

Age Groups.

Solo and Duet:

20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+.

Trio and Team:

20-34, 35-49, 50-64, 65+

Free Combination.

20 – 39, 40 – 64, 65+

For duet, trio, free combination and team events the age is determined by the average age of the competitors.

Technical Meeting

The synchronized swimming technical meeting will be held on xxx at xxx to cover.

- Correction to spelling of athlete names
- Procedure for draws
- Order of Appearance draw
- Reserve procedure in Duet, Trio and Team events
- Pre-Competition Warm-up
- Call Room Procedures
- Marshalling and Walk-on
- Warm-down facilities
- Victory Ceremonies

Practice provision

The exact times of practice are subject to entry numbers. Details will be provided on arrival from the competitor registration point.

Sound Equipment

It is a requirement that music be recorded onto CD only, and that a separate CD is provided for each routine. Each CD must be labelled with the speed, name of the competitor and the country. Music should be recorded so that sound levels for soft, quiet and low pitched music are clearly audible.

Competitors are responsible for providing their own music. Competitors are responsible for ensuring that they have the appropriate copyright authorisations.

Entry restrictions

Athletes may enter no more than three (3) routine events. All duet, trio and team competitors must represent the same club. Up to five (5) routine entries per age group per event from any one Club will be accepted by the Organising Committee.

Each club may enter one Free Combination in each age group

Competition

Each team shall consist of a minimum of four and a maximum of eight members.

Time limits

Technical routines: Solo, duet, trio and team – 1 minute 30 seconds,

Free routine solo: 3 minutes

Free routine duet/trio: 3 minutes, 30 seconds

Free routine team: 4 minutes

Free Combination (MS8.1.4) - 5 minutes

Maximum time limits

Technical routines will have an allowance of 10 seconds more than the allocated time.

Free routines will have an allowance of 15 seconds more than the allocated time.

Technical Routines

The technical routine shall be performed for solos, duets, trios and teams, to music as described in Appendix 1 of MSS rules, with the required elements selected by the Masters Technical Committee every four years, subject to approval by the FINA Bureau.

Technical routines must include all required elements. Music selection is optional and may be the same as the music used in the free routine.

General Requirements

Supplementary elements may be added unless otherwise specified in the description of an element. All figures or components thereof shall be executed according to the requirements described in Appendix 1 of MSS rules. All elements shall be executed high and controlled, in uniform motion with section clearly defined.

Time limits are as in MSS 6.5 and MSS 6.6.

Swimwear shall be black and the competitor shall wear a white cap. Goggles may be worn.

Appendix I FINA REQUIRED ELEMENTS FOR MASTERS TECHNICAL ROUTINES

GENERAL REQUIREMENTS

1. Supplementary elements may be added
2. Unless otherwise specified in the description of an element
 - All figures or components thereof shall be executed according to the requirements described in Appendix II
 - All elements shall be executed high and controlled, in uniform motion with each section clearly defined
3. Time limits as in MSS 6.5 and MSS 6.6
4. Swimwear shall be black and the competitor shall wear a white cap. Goggles may be worn.

SOLO

1. SPLIT POSITION followed by a Walkout Front or a Walkout Back
2. PORPOISE (#355 FINA Handbook) complete figure
3. TRAVELLING BALLET LEG COMBINATION – to include at least two (2) of the following positions:
BALLET LEG with right leg, BALLET LEG with left leg, BALLET LEG DOUBLE, FLAMINGO
4. HERON THRUST and descent starting from a Submerged Ballet Double Position
5. Two (2) forms of propulsion techniques, including at least one sequence with one arm above the surface of the water.

Elements 1 – 4 MUST be performed in order

Element 5 may be executed at any time.

DUET/TRIO REQUIRED ELEMENTS

Elements 1-5 as listed

6. A JOINED ACTION where the swimmers are connected (joined) in some manner by (hands, by feet) to perform ONE of the following:

a connected figure

a connected float

or connected stroking

Stack, Lifts, Throws are not permitted

7. Elements 1-4 MUST be performed in order.

Elements 5-6 may be executed at any time during the routine

8. With the exception of DECK WORK, ENTRY AND THE JOINED ACTION, all elements, required and supplementary MUST be performed simultaneously and facing the same direction of all swimmers. Mirror actions are not permitted except in the Joined Action.

TEAM REQUIRED ELEMENTS

Elements 1-5 as listed

6. A JOINED ACTION where the swimmers are connected (joined) in some manner (by hands, by feet) to perform ONE of the following:

a connected figure

a connected float

or connected stroking

Stacks, Lifts, and Throws are not permitted

7. CADENCE ACTION: - identical movements (s) performed sequentially one by one, by all team members. When more than one cadence action is performed they must be consecutive and not separate by other optional or required element.

8. Pattern Formation must include a straight line and a circle.

Elements 1-4 MUST be performed in order.

Elements 5-7 may be performed at any time.

9. With the exception of DECK WORK, ENTRY, JOINED ACTION AND CADENCE

Scoring

To be calculated as in SS 19.1. In duet, trio, and team, the competitor's' technical routine scores will be added and the total divided by the number of competitors for a final technical routine scores.

Duet/Trio/Team Events

Cards will be given to a representative of each duet, trio and team on arrival at registration, with the names of the pre-registered competitors.

The cards, with the confirmed names of the competitors who will compete in each event indicated, must be submitted in advance of the respective event. The latest time for submission for each event will be indicated on the specific event card.

Reporting

It is the responsibility of each competitor, including all members of duets, trios and teams to report at least 30 minutes prior to the start of the designated event.

Medals

All events 1st to 3rd place in each group (each member of a duet/trio/team will receive a medal).

Water Polo Fact File

Minimum age limit: 30 years

Age determining date: The actual age of the competitor as of 31 December, 2008.

Training Opportunities

xx

Technical meeting

There will be a technical meeting for coaches and managers On xxx at xxx.

All teams should have been registered prior to this time.

Competition dates

Thur 17 April	Prelims
Fri 18 April	Prelims
Sat 19 April	Prelims
Sun 20 April	Prelims
Mon 21 April	Prelims
Tues 22 April	Prelims
Wed 23 April	Prelims
Thurs 24 April	Finals and consolidation

MWP 1 Age groups for Masters Water Polo shall apply for men, mixed, and women teams.

MWP 2 The age of the youngest member of the team determines the age group of the team. There are no restrictions on the ages of any players older than the youngest player on the team.

MWP 3 Age groups for teams are at five-year intervals beginning with 30. i.e. 30+, 35+, 40+. . . .

MWP 4 Composition of Teams

MWP 4.1 A player may not represent more than one club in any Masters Water Polo competition or the Masters World Championships. However, a player may represent the same club on two teams in the same competition or the Masters World Championships.

MWP 4.2 If a club entered has players on more than one team in a competition, or the FINA World Masters Championships, then each of these teams must have at least nine players that are only on the roster for that team.

MWP 4.3 In the event that the teams from a club that have players playing on their team that are also representing the club on another team are scheduled to play at the same time in the competition, then the players playing on two teams can only be declared on the roster for one team at that scheduled time.

MWP 4.4 Women players may be members of men's teams.

MWP 5 The Water Polo Rules in Part VI of this Handbook shall apply to Masters Water Polo with the following exceptions:

MWP 5.1 Each team shall consist of seven players, one of who shall be the goal keeper and who shall wear the goalkeepers cap. Not more than eight reserves may be used as substitutes drawn from a list of up to 15 players which must be submitted to the officials table for each game, not less than 45 minutes before each game commences. A team playing with less than seven players shall not be required to have a goal keeper

MWP 5.2 The uniform distance between the respective goal lines shall be 23.5 metres minimum, and the uniform width of the field of play shall be 17 metres minimum.

MWP 5.3 WP 11 time standards shall apply except that the duration of the Masters games shall be four periods of five minutes each actual play.

MWP 5.4 WP 14.4 method of scoring shall apply except that the time of possession of the ball shall be 35 seconds.

Competition Venues

The outdoor water polo pool at Challenge Stadium will be used for preliminaries and finals. Water polo pools located at the University of Western Australia in Crawley, Claremont and the Water Polo Club at Bicton will also be used for preliminaries.

All pools and competition courses used will conform to FINA rule MWP 5.1.

Equipment

Teams will be responsible for providing their own practice and warm up water polo balls. The Organising Committee will provide the competition match balls, which will be the official FINA water polo ball. Game caps will be available, but teams may use their own caps, provided the numbers on the caps conform with FINA rule WP 4.

Entry procedure and fees

Each water polo player must complete an individual registration form (page 30) and pay the individual registration fee of \$50 to be eligible, and the team must pay the amount of USD\$325. A nominated team representative must submit the fully completed Team Sheet..

Competition Format

The competition format will depend on the number of teams entered in each age group. If there are fewer than three teams entered in an age group, the teams will be contacted to determine if they are willing to play in the next youngest age group. Should the teams not be willing to play in that age group a refund will be issued.

Reporting

It is the responsibility of each team to be ready to play at least 15 minutes prior to the designated starting time for their match. Teams arriving later than 5 minutes after the designated start time for their match will forfeit the match, with the match awarded to the opponent with a goal score of 5-0.

Medals

1st to 3rd place in each age group (each player on the team will receive a medal)