

RECORDS Record Nacional

SC Meters-Women

9-10	50 Free	29.99	27-nov.-83	CARIA	Marcela Cuesta	
	100 Free	1:04.95	16-dic.-82	CARIA	Marcela Cuesta	
	200 Free	2:24.79	24-oct.-14	BELEN	Beatriz Padrón at Campeonato Nacional Individual PC 2014	
	50 Back	37.07	4-sep.-15	HUMBO	Alejandra Solano at 2015 XXI Delfines Humboldt Infantil & Juvenil	
	100 Back	1:23.26	24-oct.-14	ANAME	Nazareth Oviedo at Campeonato Nacional Individual PC 2014	
	50 Breast	38.55	27-nov.-83	CARIA	Marcela Cuesta	
	100 Breast	1:31.35	26-sep.-14	SJOSE	Melanie Bolívar at Torneo Piscina Corta Cantón de Mora 2014	
	50 Fly	32.82	12-oct.-83	CARIA	Marcela Cuesta	
	100 Fly	1:24.47	24-oct.-14	ANAME	Nazareth Oviedo at Campeonato Nacional Individual PC 2014	
	100 IM	1:19.16	1-sep.-12	BELEN	Fabiola Sancho at XVIII TORNEO DELFINES HUMBOLDT 2012	
	200 IM	2:40.78	16-dic.-83	CARIA	Marcela Cuesta	
	11-12	50 Free	28.82	24-oct.-14	SPAUL	Helena Moreno at Campeonato Nacional Individual PC 2014
		100 Free	58.28	15-feb.-85	CARIA	Viviana Solis
200 Free		2:04.79	15-feb.-85	CARIA	Viviana Solis	
400 Free		4:31.49	24-oct.-14	SPAUL	Helena Moreno at Campeonato Nacional Individual PC 2014	
50 Back		32.41	24-oct.-14	SPAUL	Helena Moreno at Campeonato Nacional Individual PC 2014	
100 Back		1:09.65	24-oct.-14	SPAUL	Helena Moreno at Campeonato Nacional Individual PC 2014	
200 Back		2:27.81	13-dic.-85	CARIA	Marcela Cuesta	
50 Breast		36.38	4-sep.-15	HUMBO	Leonie Schowtka at 2015 XXI Delfines Humboldt Infantil & Juvenil	
100 Breast		1:14.41	15-feb.-85	CARIA	Viviana Solis	
200 Breast		2:53.07	24-oct.-14	BELEN	Fabiola Sancho at Campeonato Nacional Individual PC 2014	
50 Fly		30.69	21-oct.-16	MILEN	Elena Fornoni at CNI Piscina Corta FECONA 2016	
100 Fly		1:04.08	13-dic.-85	CARIA	Marcela Cuesta	
200 Fly		2:27.78	24-oct.-14	BELEN	Fabiola Sancho CNI Piscina Corta FECONA 2014	
100 IM		1:11.95	4-sep.-15	HUMBO	Soffa Di Bartolo at 2015 XXI Delfines Humboldt Infantil & Juvenil	
200 IM		2:26.40	15-feb.-85	CARIA	Viviana Solis	
13-14		50 Free	26.79	6-dic.-16	CRC	Helena Moreno at 13th FINA WORLD SWIMMING CHAMPIONSHIPS
		100 Free	57.92	21-oct.-16	BELEN	Helena Moreno at CNI Piscina Corta FECONA 2016
	200 Free	2:00.79	6-dic.-16	CRC	Helena Moreno at 13th FINA WORLD SWIMMING CHAMPIONSHIPS	
	400 Free	4:13.55	6-dic.-16	CRC	Helena Moreno at 13th FINA WORLD SWIMMING CHAMPIONSHIPS	
	800 Free	8:44.01	6-dic.-16	CRC	Helena Moreno at 13th FINA WORLD SWIMMING CHAMPIONSHIPS	
	50 Back	30.68	21-oct.-16	BELEN	Helena Moreno at CNI Piscina Corta FECONA 2016	
	100 Back	1:05.90	3-ago.-18	BELEN	Beatriz Padrón XI Torneo Natación La Anexión 2018	
	200 Back	2:24.34	24-oct.-14	BELEN	María Fernanda Badilla at Campeonato Nacional Individual PC 2014	
	50 Breast	36.44	24-oct.-14	HUMBO	PAULA MORALES at Campeonato Nacional Individual PC 2014	
	100 Breast	1:17.90	5-sep.-14	HUMBO	PAULA MORALES at 2014 XX Delfines Humboldt Infantil & Juvenil	
	200 Breast	2:47.67	5-dic.-03	ACANA	Ana María Picado at Torneo Melissa Mata	
	50 Fly	28.71	4-ago.-18	BELEN	Beatriz Padrón XI Torneo La Anexión 2018	
	100 Fly	1:02.93	5-ago.-18	BELEN	Beatriz Padrón XI Torneo La Anexión 2018	
	200 Fly	2:21.14	29-oct.-17	CARIA	Daniela Alfaro at CNI Piscina Corta FECONA 2017	
	100 IM	1:07.69	21-oct.-16	BELEN	Helena Moreno at CNI Piscina Corta FECONA 2016	
	200 IM	2:19.96	6-dic.-16	CRC	Helena Moreno at 13th FINA WORLD SWIMMING CHAMPIONSHIPS	
	400 IM	5:14.65	21-oct.-16	CARIA	Daniela Alfaro at CNI Piscina Corta FECONA 2016	
	15-17	50 Free	27.23	28-oct.-20	BELEN	Helena Moreno CNI Piscina Corta FECONA 2017
		100 Free	57.62	4-ago.-18	BELEN	Helena Moreno XI Torneo Natación La Anexión 2018
200 Free		2:02.83	4-ago.-18	BELEN	Helena Moreno XI Torneo Natación La Anexión 2018	
400 Free		4:13.26	5-ago.-18	BELEN	Helena Moreno XI Torneo Natación La Anexión 2018	

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15-17	800 Free	9:28.44	21-oct.-16	STANA	Verónica Quesada at CNI Piscina Corta FECONA 2016
	50 Back	30.36	5-ago.-18	STANA	Helena Moreno XI Torneo Natación La Anexión 2018
	100 Back	1:06.75	15-jun.-86	CARIA	Sylvia Poll
	200 Back	2:24.41	21-oct.-16	STANA	Verónica Quesada at CNI Piscina Corta FECONA 2016
	50 Breast	35.23	23-sep.-16	SJOSE	Alexa Mora at Open Piscina Corta FECONA 2016
	100 Breast	1:16.83	2-sep.-16	HUMBO	PAULA MORALES at XXII Torneo Infantil y Juvenil Delf Humboldt
	200 Breast	2:49.56	21-oct.-16	BELEN	Mariana Ovaes at CNI Piscina Corta FECONA 2016
	50 Fly	29.94	4-ago.-18	BELEN	Amanda Alfaro XI Torneo Natación La Anexión 2018
	100 Fly	1:03.60	20-abr.-97	BELEN	Melissa Mata
	200 Fly	2:16.62	20-abr.-97	BELEN	Melissa Mata
	100 IM	1:08.65	4-sep.-15	HUMBO	Milena Murillo at 2015 XXI Delfines Humboldt Infantil & Juvenil
	200 IM	2:22.59	3-ago.-18	BELEN	Helena Moreno XI Torneo Natación La Anexión 2018
	400 IM	5:12.81	6-may.-86	CARIA	Sylvia Poll
18 & 0	50 Free	26.14	13-ene.-95	CARIA	Claudia Poll
	100 Free	54.56	8-feb.-97	CARIA	Claudia Poll
	200 Free	1:54.17	17-abr.-97	CARIA	Claudia Poll
	400 Free	4:00.03	17-abr.-97	CARIA	Claudia Poll
	800 Free	8:27.92	8-feb.-97	CARIA	Claudia Poll
	50 Back	31.18	23-sep.-16	PIRAT	SUSAN ANCHÍA at Open Piscina Corta FECONA 2016
	100 Back	1:05.43	12-dic.-12	CRC	MARIANGEL HIDALGO at 11th FINA World Swimming Championshi
	200 Back	2:22.55	23-sep.-16	PIRAT	SUSAN ANCHÍA at Open Piscina Corta FECONA 2016
	50 Breast	31.07	18-abr.-97	CARIA	Sandra Arroyo
	100 Breast	1:12.93	18-abr.-97	CARIA	Sandra Arroyo
	200 Breast	2:35.41	18-abr.-97	CARIA	Sandra Arroyo
	50 Fly	27.53	5-feb.-16	CRC	MARIE LAURA MEZA at Steirische Hallenmeisterschaften 2016
	100 Fly	1:01.17	5-feb.-16	CRC	MARIE LAURA MEZA at Steirische Hallenmeisterschaften 2016
	200 Fly	2:16.62	18-abr.-97	BELEN	Melisa Mata
	100 IM	1:03.51	1-abr.-99	CARIA	Claudia Poll
	200 IM	2:15.55	11-feb.-95	CARIA	Claudia Poll
	400 IM	5:24.43	29-oct.-17	STANA	Veronica Quesada CNI Piscina Corta FECONA 2017

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SC Meters-Men

9-10	50 Free	30.14	21-oct.-16	CQUES	Daniel García at CNI Piscina Corta FECONA 2016
	100 Free	1:04.91	21-oct.-16	CARIA	José Manuel Alfaro at CNI Piscina Corta FECONA 2016
	200 Free	2:24.77	23-sep.-16	CARIA	José Manuel Alfaro at Open Piscina Corta FECONA 2016
	50 Back	36.03	1-sep.-05	HUMBO	Marcel Brenner at XI TORNEO INF & JUV DELFINES DEL HUMBOLD
	100 Back	1:20.89	25-sep.-15	BELEN	Julio Pérez at Campeonato Nacional Individual PC 2015
	50 Breast	39.07	21-oct.-16	CARIA	José Manuel Alfaro at CNI Piscina Corta FECONA 2016
	100 Breast	1:35.96	21-dic.-08	INDOR	Carlos Escalante at Copa OKEO/Melissa Mata
	50 Fly	33.03	21-oct.-16	CQUES	Daniel García at CNI Piscina Corta FECONA 2016
	100 Fly	1:18.21	22-jul.-16	CQUES	Daniel García at IX Torneo Natación La Anexión
	100 IM	1:16.35	21-oct.-16	CARIA	José Manuel Alfaro at CNI Piscina Corta FECONA 2016
	200 IM	2:41.83	21-oct.-16	CARIA	José Manuel Alfaro at CNI Piscina Corta FECONA 2016
	11-12	50 Free	26.97	24-oct.-14	STANA
100 Free		58.27	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
200 Free		2:05.68	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
400 Free		4:25.01	27-oct.-17	ANANA	Gianfranco Solano CNI Piscina Corta FECONA 2017
50 Back		30.95	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
100 Back		1:08.06	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
200 Back		2:23.48	21-oct.-16	BELEN	Tobías Badilla at CNI Piscina Corta FECONA 2016
50 Breast		34.32	5-sep.-14	MILEN	José David Solís at 2014 XX Delfines Humboldt Infantil & Juvenil
100 Breast		1:15.64	12-dic.-86	CARIA	Joaquin Lagier
200 Breast		2:42.75	27-oct.-17	CARIA	Jose Manuel Alfaro at CNI Piscina Corta FECONA 2017
50 Fly		28.52	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
100 Fly		1:03.61	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
200 Fly		2:19.35	29-oct.-17	ANAME	Juan José Bolaños CNI Piscina Corta FECONA 2017
100 IM		1:08.16	24-oct.-14	STANA	Marcelo Valverde at Campeonato Nacional Individual PC 2014
200 IM		2:25.79	21-oct.-16	BELEN	Sebastián Arroyo at CNI Piscina Corta FECONA 2016
13-14		50 Free	25.18	23-sep.-16	STANA
	100 Free	54.34	21-oct.-16	STANA	Marcelo Valverde at CNI Piscina Corta FECONA 2016
	200 Free	1:55.77	21-oct.-16	STANA	Marcelo Valverde at CNI Piscina Corta FECONA 2016
	400 Free	4:09.81	24-oct.-14	BELEN	Bryan Álvarez at Campeonato Nacional Individual PC 2014
	800 Free	9:21.50	22-jul.-16	ANAME	Sebastián Cerdas at IX Torneo Natación La Anexion
	1500 Free	17:23.92	24-oct.-14	BELEN	Daniel Retana at Campeonato Nacional Individual PC 2014
	50 Back	28.75	5-ago.-18	STANA	Julio Pérez XI Torneo Natación La Anexión 2018
	100 Back	1:00.47	3-ago.-18	BELEN	Julio Pérez XI Torneo Natación La Anexión 2018
	200 Back	2:09.92	4-ago.-18	BELEN	Julio Pérez XI Torneo Natación La Anexión 2018
	50 Breast	29.71	6-dic.-16	CRC	José David Solís at 13th FINA WORLD SWIMMING CHAMPIONSHIPS
	100 Breast	1:04.54	6-dic.-16	CRC	José David Solís at 13th FINA WORLD SWIMMING CHAMPIONSHIPS
	200 Breast	2:16.02	6-dic.-16	CRC	José David Solís at 13th FINA WORLD SWIMMING CHAMPIONSHIPS
	50 Fly	25.93	24-oct.-14	BELEN	Bryan Álvarez at Campeonato Nacional Individual PC 2014
	100 Fly	59.10	23-sep.-16	STANA	Marcelo Valverde at Open Piscina Corta FECONA 2016
	200 Fly	2:10.14	21-oct.-16	PIRAT	José David Solís at CNI Piscina Corta FECONA 2016
	100 IM	1:00.99	2-sep.-16	PIRAT	José David Solís at XXII Torneo Infantil y Juvenil Delf Humboldt
	200 IM	2:12.03	23-sep.-16	PIRAT	José David Solís at Open Piscina Corta FECONA 2016
	400 IM	4:38.22	23-sep.-16	PIRAT	José David Solís at Open Piscina Corta FECONA 2016
	15-17	50 Free	24.22	7-mar.-89	CARIA
100 Free		51.91	3-feb.-06	BELEN	MARIO MONTOYA at FINA Swimming World Cup Series NY
200 Free		1:53.41	3-feb.-06	BELEN	MARIO MONTOYA at FINA Swimming World Cup Series NY

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15-17	400 Free	4:03.12	22-jul.-16	BELEN	Antonio González at IX Torneo Natación La Anexión	
	800 Free	8:22.50	22-jul.-16	BELEN	Antonio González at IX Torneo Natación La Anexión	
	1500 Free	16:07.47	21-oct.-16	HERED	Russel Brown at CNI Piscina Corta FECONA 2016	
	50 Back	27.08	22-jul.-16	BELEN	Bryan Álvarez at IX Torneo Natación La Anexión	
	100 Back	59.66	3-feb.-06	BELEN	MARIO MONTOYA at FINA Swimming World Cup Series NY	
	200 Back	2:08.99	5-abr.-06	BELEN	MARIO MONTOYA at 8th FINA World Championship (25m) 2006	
	50 Breast	29.44	24-oct.-14	BELEN	Arnoldo Herrera at Campeonato Nacional Individual PC 2014	
	100 Breast	1:03.18	3-dic.-14	CRC	Arnoldo Herrera at 12th FINA World Swimming Championships 25m	
	200 Breast	2:15.44	24-oct.-14	BELEN	Arnoldo Herrera at Campeonato Nacional Individual PC 2014	
	50 Fly	24.20	6-dic.-16	CRC	Bryan Álvarez at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
	100 Fly	54.77	6-dic.-16	CRC	Bryan Álvarez at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
	200 Fly	2:02.74	6-dic.-16	CRC	Bryan Álvarez at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
	100 IM	59.81	21-oct.-16	BELEN	Bryan Álvarez at CNI Piscina Corta FECONA 2016	
	200 IM	2:10.27	24-oct.-14	ASODE	Esteban Araya at Campeonato Nacional Individual PC 2014	
	400 IM	4:38.43	26-sep.-14	ASODE	Esteban Araya at Torneo Piscina Corta Cantón de Mora 2014	
	18 & O	50 Free	22.78	6-dic.-16	CRC	JUAN JOSÉ DOBLES at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)
		100 Free	51.01	9-abr.-08	CRC	MARIO MONTOYA at 9th FINA World Swimming Championships
200 Free		1:52.50	9-abr.-08	CRC	MARIO MONTOYA at 9th FINA World Swimming Championships	
400 Free		4:01.31	21-dic.-08	BELEN	MARIO MONTOYA at Copa OKEO/Melissa Mata	
1500 Free		16:28.40	23-sep.-16	CARIA	Cristofer Lanuza at Open Piscina Corta FECONA 2016	
50 Back		28.38	21-oct.-16	STANA	FELIPE JIMÉNEZ at CNI Piscina Corta FECONA 2016	
100 Back		59.38	21-dic.-08	BELEN	MARIO MONTOYA at Copa OKEO/Melissa Mata	
200 Back		2:12.05	1-ene.-98	ACANA	Juan Manuel Duran	
50 Breast		28.65	6-dic.-16	CRC	Arnoldo F. Herrera at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
100 Breast		1:02.39	6-dic.-16	CRC	Arnoldo F. Herrera at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
200 Breast		2:15.28	6-dic.-16	CRC	Arnoldo F. Herrera at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
50 Fly		24.83	4-ago.-18	BELEN	Bryan Alvarez XI Torneo La Anexión 2018	
100 Fly		55.03	5-ago.-18	CRC	Bryan Alvarez XI Torneo La Anexión 2018	
200 Fly		2:03.14	3-ago.-18	BELEN	Bryan Alvarez XI Torneo La Anexión 2018	
100 IM		57.44	6-dic.-16	CRC	Esteban Araya at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
200 IM		2:04.91	6-dic.-16	CRC	Esteban Araya at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)	
400 IM		4:22.20	22-jul.-16	BELEN	Esteban Araya at IX Torneo la Anexion	